

# **Job Posting**

Position: ?um?iiqsu siiqiiłhsi (Oomiiqsu Cook)

**Permanent Full Time:** 37.5 hours per week, 8:30 – 4 pm Monday to Friday

**Location:** Oomiigsu (Port Alberni)

Salary: \$25/hour

Authority Relationship: Reports Directly to the Manager of ?um?iiqsu (Oomiiqsu) Child Care

Centre

?um?iiqsu (Oomiiqsu) is an innovative and culturally centered home providing wrap-around support for mothers and their children, ages 12 and under. Our licensed Child Care Centre is an integral part of ?um?iiqsu (Oomiiqsu) services.

Our siiqiilhsi (cook) plays a crucial role in providing nutritious meals, promoting healthy eating habits, and ensuring the safety and well-being of the children, mothers and staff in our Child Care Centre.

At ?um?iiqsu (Oomiiqsu), we acknowledge that true wealth is having access to traditional First Nations foods, along with the knowledge of how to gather, prepare, preserve, and serve them. Food values and food traditions are a living legacy that link us to past, present and future generations. This position requires a blend of culinary skills an understanding of nutritional guidelines and Indigenous Foods to create menus that cater to the dietary needs and preferences of children.

### Responsibilities:

- Prepare nutritious meals and snacks for children, mothers and staff of various ages, adhering to dietary restrictions and allergies.
- Maintain a clean and sanitary kitchen, including washing dishes, sanitizing surfaces, and managing waste according to health codes.
- Monitors, adheres to, and provides feedback on food budget.
- Create menus, order sheet, maintain inventory kitchen supplies and food, ensuring fresh
  ingredients are always available while minimizing waste.
- Design a rotating menu that meets the nutritional guidelines for children, mothers and staff and accommodates seasonal availability of ingredients with attention to traditional foods.
- Engage with children during mealtimes to encourage healthy eating habits and monitor their food intake and preferences.
- Coordinate with childcare staff to schedule meal and snack times that align with the daily routine and activities.

- Implement safety protocols for food preparation, storage, and handling to prevent foodborne illnesses.
- Participate in staff meetings to discuss children's nutritional needs, feedback on meals, and suggestions for menu adjustments.
- Other duties as assigned by Oomiiqsu Child Care Centre Manager

# **Operational Requirements:**

- Food Handler Certification
- Food Safe levels 1 & 2
- Criminal Records Check
- Successful background checks, including employment verification and reference checks.

#### Skills:

- Ability to prepare large quantities of food in an organized and timely manner.
- Excellent written and verbal communication skills
- Ability to plan and organize tasks.
- Ability to follow instructions and be flexible and adaptable in the work environment.
- Ability to work independently and as a team member.
- Excellent interpersonal skills

# **Education and Experience Requirements:**

- High School Diploma or equivalent
- Experience working with Indigenous people and knowledge of Huu-ay-aht First Nations and Nuu-chah-nulth culture.
- Knowledge of traditional Nuu-chah-nulth foods: gathering, preparation, preservation and serving (preferred)
- Knowledge of Canada's Food Guide Food guide snapshot Canada's Food Guide
- Knowledge of Canada's Food Guide First Nations, Inuit and Métis <u>Eating Well with</u>
   <u>Canada's Food Guide First Nations, Inuit and Métis Canada.ca</u>
- Responsible Adult Certification (preferred)