

# Personal Trainer for Anytime Fitness Port Alberni

## Job Summary

Anytime Fitness Port Alberni is considered to be a premier place to work within the fitness industry, where we strive to help our members through coaching and community support. We are seeking an individual who is highly motivated with a passion for helping others improve their lives through fitness, nutrition, and recovery. This position will help grow our Personal Training department by working in a creative, fun, and upbeat atmosphere where each day is different.

## Key Responsibilities

- **Fitness consultations** – conducts fitness consultations for new members, which include goal setting, a body scan and fitness assessment, sample workout, and recommendation of our training programs.
- **Training services** – personal trainers deliver high-quality, pre-programmed 1-on-1 and group workouts with energy and safely.
- **Educator** – educates clients on safe and effective training regimens, provides nutrition guidance, and promotes recovery.
- **Drives results** – this person drives client success through session attendance and metric tracking.
  - Understands how to administer body scan technology and interpret results.
  - Engages with digital coaching platforms to assist and motivate clients outside of the club.
  - Provides excellent customer service through member engagement and client accountability.
- **Goals & alignment** – This person is responsible for achieving a monthly personal training revenue goal established by management team.
  - Partners alongside member sales team to promote membership growth.
  - Attend weekly/monthly team meetings.
- **Cleanliness** – ensures facility cleanliness and tidiness.
- **Continued learner** – demonstrates a drive for career development through continued education and leadership opportunities and remains current on certifications, CPR/First Aid, and new trends in the industry.

## Qualifications

- Nationally Accredited Personal Training
- Certification CPR, First Aid, and AED Certified

## Job Requirements

- High School Diploma or GED
- Knowledge of fitness, endurance training, strength / power training and programming
- design, using the tools given to optimize client results
- Strong ability to coach and manage time, motivating multiple clients in a group setting
- Ability to work with clients from all walks of life, abilities and goals.
- Appetite for delivering coaching services virtually through in-app messaging, video chatting and more.
- Strong communication skills and team player.
- Flexible schedule, days / nights and weekends.

## Preferred Requirements

- 1 year of personal training experience
- Previous sales experience

## Wage Range

- \$19.00 - \$45.00 per hour

## Benefits

- Continuing Education Credits provided
- Career Advancement Opportunities
- Casual dress code
- Insurance, PTO, retirement, employee discount, etc.

## How to Apply

Please drop off your resume at the gym in person at 3550 Johnston rd. V9Y 8K2.

Or email to [portalbernibc@anytimefitness.ca](mailto:portalbernibc@anytimefitness.ca)