



Youth Wellness Counsellor

ADAPS is hiring a Youth Wellness Counsellor for the Youth Wellness Counselling Program. This program will be an integral part of our Youth Prevention Project for 2022/2023. The role is for a term of 15 months, and may be extended. It requires applicants to have a minimum of Bachelor's degree, preferably in Social Work or Child and Youth Care. A minimum of 2 years counselling experience with diverse populations of youth and well documented professional education or experience in counselling skills and youth development. Candidates with experience in addressing risk factors and building resiliencies to reduce youth's risk of substance misuse or mental health concern are sought for this role.

The Wellness Counsellor will:

- Have low barrier referral criteria for youth looking for short-to-mid range counselling or brief, solution focused interventions.
- Offer counselling that is culturally relevant, trauma informed and recovery an/or health oriented.
- The YW Counsellor will utilize harm reduction and substance use prevention and resiliency building lenses in the planning, provision and evaluation of counselling practice and program activities.
- This role will plan, co-facilitate and support the mentorship of the Youth Peer Support Training Program. This requires experience in group facilitation. This specialized and innovative group will be delivered once per week for 16 sessions over the course of the term employment.
- Offer counselling hours at ADAPS, and at the Wellness Center at ADSS.
- Counsellor will work with youth, parents, community partners and referral agents to
 - identify service gaps in youth's ease access to counselling in our community
 - provide service in those gaps
 - identify and report on the trends in presenting concerns of youth and;
 - make recommendations, and to advocate for, the sustainability of Youth Wellness-and-Prevention focused community-based counselling.
- Will be an important part of the ADAPS' Counselling Practice Team, and will participate in Practice Meetings with the Practice Lead and Clinical Supervision.

Hours of Work:

- General hours of work will be Monday-Friday from 9:0-4:30
- Flexibility may be required from time to time. The Wellness Counsellor will easily acknowledge that Youth Life Experience happens on Youth Life time. It is expected that

the Wellness Counsellor will occasionally join ADAPS staff and programming at special events or celebrations that may fall outside the scope of Monday-Friday 8:30-4:30

- Full Time, 35 hours per week
- Benefits and Competitive wage
- Starting date for this role is August, 2022.

Please send a letter of interest and resume in confidence to debra@adaps.org.